

UC San Diego



COMIENZA
CON UN SUEÑO

Saturday, March 4 2017





Program

8:00am, 8:15am, 8:30am	Early Arrivals: Morning Campus Tours
8:30am – 9:30am	Registration and Resource Fair
9:45am – 10:05am	Welcome: Chancellor Pradeep Khosla
10:05am – 10:25am	Key Note: Dr. Frances Contreras
10:35am – 11:15am	Workshops: Session 1
11:30am – 12:15pm	Workshops: Session 2
12:30pm – 1:30pm	Lunch, Resource Fair <i>Raffle and Ballet Folklorico de Tapatio</i>
1:35pm – 2:20pm	Workshops: Session 3
2:30pm – 3:00pm	Departure/Bus Pick Up

Workshop Assignments

Session 1 10:35am – 11:15am	Session 2 11:30am – 12:15pm	Session 3 1:35pm – 2:20pm





Comienza con un Sueño, UC San Diego



March 4, 2017

Welcome to the 2017 Comienza con un Sueño family day! Our goal for today's activities is to provide college readiness information to our community by providing free workshops for 6th – 11th grade students and their parents. Our goal is to promote academic preparation, competitive eligibility to four-year universities, increase awareness of college retention services, and post-graduate opportunities.

We want your family to understand that the University of California campuses and UC San Diego in particular, are attainable options for your students. Imagine what a world-class education at the University of California would mean for your family, your community, and our nation! This year we are hoping to provide over 1,000 parents and students with a resource fair and informative workshops. We hope you take advantage of this day's activities. Do not be shy! We are here to answer as many of your questions as possible. Enjoy your visit to University of California San Diego!

¡Bienvenidos al 2017 día familiar Comienza con un Sueño! Nuestro objetivo para las actividades de hoy es proporcionar información de preparación para la universidad a nuestra comunidad, proporcionando talleres gratuitos para estudiantes del grado 6o al 11o y sus padres. Nuestro objetivo es promover la preparación académica, la elegibilidad competitiva a universidades de cuatro años, aumentar el conocimiento de los servicios de retención de la universidad, y oportunidades de postgrado.

Deseamos que su familia entienda que los campus de la Universidad de California, y la Universidad de California en San Diego, en particular, son opciones viables para sus estudiantes. ¡Imagínese lo que una educación de clase mundial en la Universidad de California signifi caría para su familia, su comunidad, y nuestra nación!

Este año estamos esperando mas de 1,000 padres y estudiantes para para proporcionarles con una feria de recursos y talleres informativos. Esperamos que usted tome ventaja de las actividades de este día. ¡No seas tímido! Estamos aquí para responder a todas sus preguntas posibles. ¡Disfrute de su visita a la Universidad de California San Diego!

Pradeep K. Khosla, Chancellor, UC San Diego



Welcome



Pradeep K. Khosla
Chancellor
University of California San Diego

Pradeep K. Khosla, an internationally renowned electrical and computer engineer, is the eighth Chancellor of the University of California, San Diego, and a Distinguished Professor. At UC San Diego, he initiated and led a comprehensive, all-inclusive strategic planning process to unify the campus and define UC San Diego's future. The initiative resulted in a Strategic Plan that outlines five overarching goals, four grand research themes, and 13 strategies to fulfill our sharpened mission and vision as a student-centered, research-focused, service-oriented public university. Khosla received his bachelor's degree in electrical engineering from the Indian Institute of Technology - Kharagpur in 1980, and his MS and Ph.D. degrees in electrical and computer engineering in 1984 and 1986 at Carnegie Mellon. In 2014, he received an honorary doctorate of science from the Indian Institute of Technology – Kharagpur

Key Note Speaker



Dr. Frances Contreras

Frances Contreras is an Associate Vice Chancellor for Equity, Diversity and Inclusion and an Associate Professor in the Department of Education Studies. She most recently served as co-director of the joint doctoral program in Education Leadership at UC San Diego.

Dr. Contreras has over ten years of administrative leadership both at UCSD and at the University of Washington College of Education, where she directed their higher education program. Her research focuses on issues of equity and access for underrepresented students in the education pipeline and the role of public policy in ensuring student equity across a P-20 continuum. Her work has been published in leading education journals and presses, including Harvard Educational Review, Educational Policy, Journal of Hispanics in Higher Education, Harvard University Press, and Teachers College Press. Contreras' most recent books include: *Achieving Equity for Latino Students*, *Expanding the Pathway to Higher Education through Public Policy* and *The Latino Education Crisis* with P. Gandara. Her current book, *Cultivating Latino Students in STEM* examines the promising approaches of campus programs as well as individual agency among Latinx high achievers in college to succeed in STEM pathways.

She was honored as an "Emerging Scholar" and the "Top 25 to Watch" among academicians in the United States by *Diverse Magazine*. More recently, Contreras was the recipient of a lifetime achievement award by the Washington State Commission on Hispanic Affairs for her work to address Latino student equity.

Frances has served on the Boards of the ACLU of Washington, Harvard Journal for Hispanic Policy, the Journal of Advanced Academics, and Latino Education Achievement Project, and was a Gubernatorial Appointee to the Achievement Gap Oversight and Accountability Committee in Washington. She currently serves on the PUENTE Board, the Board of The Lupe Contreras Scholarship Fund in California and the WestEd Board of Directors.

Dr. Contreras earned her Bachelor's degree from UC Berkeley, Master's degree from Harvard University and Ph.D. in Administration and Education Policy from Stanford University.

Workshop Names and Locations

Letter	Location	Session 1 10:35am – 11:15am	Session 2 11:30am – 12:15pm	Session 3 1:35pm – 2:20pm
A	Price Center Ballroom A/B	Achieve UC Session: Preparing for Admission to College & Financial Aid	Achieve UC: Como prepararse para la admisión universitaria y la ayuda financiera	
B	Center Hall 101		Living on Campus: Housing and Dining Options/ Vivir en el plantel universitario	Living on Campus: Housing and Dining Options/ Vivir en el plantel universitario
C	Center Hall 115		Parent to Parent	Padre a Padre
D	Center Hall 119	You CAN go to College: Information & Services for Students/Parents Who are Undocumented/DACA-mented	Your Dynamic Brain	Tu Puedes Asistir al Colegio: Información y Servicios para Estudiantes Indocumentados
E	Center Hall 105		Teaching and Learning Commons	Myths and Secrets of College
F	Center Hall 109	Career Services Center: Preparing Students for Career Success	Career Services Center: Preparing Students for Career Success	Journey to STEM/ Viaje a ciencias naturales, tecnología, ingeniería, matemáticas (conocida por sus siglas en inglés, STEM)
G	Center Hall 113	Grupo de alumnos de pregrado de UC San Diego.	UC San Diego Undergraduate Student Panel, presentation about empowering youth and navigating college	The New SAT/ACT: Information about the Changing Test
H	Center Hall 212	Hello World! Intro to Computer Science	Making the Most of Your High School Experience	Aprovechar al máximo su experiencia en la preparatoria
I	Center Hall 214	Después de una licenciatura	Beyond the Bachelor's	Painting a Picture of Yourself; The Personal Insight Questions
J	Raza Resource Centro		Mantener las raíces culturales del estudiante: Cuales recursos están disponibles para ayudar al estudiante a prosperar	Maintaining your Students Cultural Capital in College: What Resources are Available to Help your Student Thrive
K	Center Hall 222		Ciencia y Tecnología en UCSD: Necesitamos más Latinos !!	Science and Engineering programs at UC San Diego: We desperately need more Latinos!!
L/M	Triton Center	Campus Tours/Excursion del campus	Campus Tours/Excursion del campus	Campus Tours/Excursion del campus

Workshop Color Chart:

	= English
	= Spanish/Español
	= Bilingual/Bilingüe

Workshops Offered in English

Achieve UC Session: Preparing for Admission to College & Financial Aid

In this combined Admissions/ Financial Aid workshop learn about the University of California and preparing for college admissions. Review admissions requirements and discover what it takes to become a competitive applicant. UCSD's Financial Aid Office mission is to ensure that all admitted students can attend regardless of their financial circumstances. If you are ready to attend money should not stand in your way.

Presenters: UC San Diego Admissions & Financial Aid, Yvonne Borrego, Aurora Garcia, Terry Aguilar

Science and Engineering programs at UC San Diego: We desperately need more Latinos !!

The challenges that the world is facing for XXI century need a broad and diverse generation of new scientists that combine engineering skills and community values. Latinos are needed to find solutions in climate change, information technology, biomedical sciences and clean energies among others.

At the same time, the future of the Latino community in the United States requires a stronger presence in high-technology and scientific development. The Hispanic community should take advantage of being in California: The world leader in high-technology industry.

Presenter: UC San Diego Nanoengineering Prof. Oscar Vazquez Mena

Myths and Secrets of College

What are the worst myths that affect high school students when they are thinking of applying to college or financial aid? Get the facts about college applications and little known secrets that can get you ahead when you apply to your dream college.

Presenter: UC San Diego EAOP Tutors/Mentors

You CAN Go to College: Information and Services for Students Who Are Undocumented/DACA-mented (Bilingual in English and Spanish)

There are a variety of programs and opportunities available to ensure that a college education can be accessible to all students, regardless of immigration status. Learn about the programs are available and find out what some schools, including UC San Diego, are doing to support our students.

Presenter: UC San Diego Undocumented Student Services Center, Daniel Arturo Alfaro Arellano

UC San Diego Undergraduate Student Panel

Presentation about empowering youth and navigating college

Presenters: Cross Cultural Center , UC San Diego Undergraduate Students

Hello World! Intro to Computer Science

Come and learn about the world of Computer Science and find where you fit in! The outreach team of the Computer Science and Engineering Society (CES) will be showing you really cool interactive workshop

Presenter: UC San Diego Computer Science and Engineering Society (CES)

The New SAT/ACT: Information about the Changing Tests

In fall 2015, the SAT test is changing. This workshop will talk about the changes to the New SAT, tips on how to prepare for the test, and information on free SAT prep services

Presenter: Study Smart Tutoring, Saru Ramanan Maintaining your Students Cultural Capital in College: What Resources are Available to Help your Student Thrive

The workshop will highlight the process of adjusting to academic culture, university life, and how to access resources at a major university. A special emphasis will be placed on the healthy benefits of maintain your Latina/o Chicana/o identity as students explore intersecting identities (i.e. scholar, scientist, activist,) in college. The workshop will facilitate a conversation around the importance of being bi-cultural, exploring intersecting identities in a university setting, and how to thrive at an R1 university.

Presenter: UC San Diego Raza Resource Centro, Dr. Gerardo Arellano

Your Dynamic Brain

This workshop centers on new technologies and methods for detecting and visualizing real-time brain activity. You will learn the basics of *electroencephalography* (EEG), which involves measuring neuroelectric signals using small conductive sensors placed on the scalp. You will also enjoy the opportunity to participate in a live demo which will reveal fluctuating brain states associated with excitement versus calm.

Presenter: UC San Diego, Institute for Neural Computation Prof. Ying Wu

Living on Campus (Bilingual English and Spanish)

This workshop will share with families all the services Housing Dining Hospitality has to offer incoming students of UCSD and an open discussion of what their fears are about letting their student live on-campus. We will also share what the Raza Living Learning Community is on campus.

Presenter: UC San Diego, Housing Dining Hospitality

Parent to Parent

It is natural that loving parents get worried about letting go of their students, especially their daughters. Join us for a session that features parents talking about their experiences, first as first generation college students themselves, then as parents of teenagers

**Presenters: Aurora Clark, Yasmin Bozin
Career Services Center: Here to Help You?**

Wondering what kind of career you can get with your major/degree? Questions about grad school? Don't know where to start looking for an internship/job that's going to help you get experience? Come to our workshop and find out how the Career Service Center on-campus can be your all-in-one stop for career planning, graduate school advising and help getting real experience in your field

Presenter: UC San Diego Career Services Center, Michelle Tillman

Teaching and Learning Commons

The Teaching and Learning Commons helps students learn better and teachers teach! Come learn more about the academic support available to UCSD students to better understand what support exists in college. Learn about how the Teaching and Learning Commons staff and programs help students with classes, homework, writing, math, academic internships and more.

Presenters: UC San Diego Teaching and Learning Commons, Susan Rinaldi

Painting a Picture of Yourself ; the Personal Insight Question

Learn how to write for the admission readers, not for your parents, teachers or friends! Learn what daily activities and interests will help you get in to college, and apply for scholarships

Presenter: UC San Diego Admissions, Roberta Camarena

Journey to STEM

The Society for Undergraduate Research and Outreach (SURO) is a campus organization which strives to inform fellow undergraduate students and under-represented high school students about the opportunities found in college and research and ultimately inspire students to pursue these science-oriented paths. SURO provides college students with various professional-building seminars, such as resume and interview workshops, and also provides high school students with tours of research labs to expose them to a college campus and the idea of pursuing careers in STEM fields. This workshop hosted by SURO is a panel of current and former UCSD students who seek to discuss their respective journeys to college, the STEM fields, and beyond.

**Presenters: UC San Diego Society for Undergraduate Research and Outreach (SURO), Christina Dooka, Jessica Hughes, Ruby Parra, Reanna Liaw, Ana and Maria Rosales
Making the Most of Your High School Experience**

High School is tough, awesome, scary, stressful . . . *but mostly awesome*. There are clubs, sports, dances, friends, and relationships. Entering high school can feel like entering another world or a different zone. In high school you will create great memories and take lots of great pictures; some pictures you will look at in the future and think "How did my parents ever let me out of the house looking like that?"

But, on a serious note; how do you survive high school? Learn how counselors, ASB advisors, mentors, teachers and support staff can provide support throughout your high school year.

**Presenter: SDUSD, Martha Corrales
Beyond the Bachelor's**

How to prepare during your Bachelor's freshmen, sophomore, junior, and senior years to then apply to a graduate program. Discover how and what graduate school is and the different kinds of postgraduate degrees that are offered, plus find out about some things you should take into consideration when you are researching for graduate schools.

Presenter: UC San Diego TRiO Outreach Programs, Jorge Hernandez

Talleres Ofrecidos en Español

Achieve UC: Como prepararse para la admisión universitaria y la ayuda financiera

En este taller se informará sobre la preparación que el estudiante ocupa para ser admitido en la Universidad de California. Se cubrirán requisitos de admisiones, y se expondrá lo que ocupa el estudiante para lograr ser un solicitante competitivo.

La oficina de ayuda financiera de UCSD tiene como misión asegurar que todo estudiante admitido pueda matricularse independientemente de sus circunstancias económicas. Si estás listo para ingresar, te diremos porque el dinero no debería ser un obstáculo.

Presentadores: UC San Diego Admissions & Financial Aid, Yvonne Borrego, Aurora Garcia, Terry Aguilar (oficina de admisión y ayuda financiera)

Ciencia y Tecnología en UCSD: ¡¡Necesitamos más Latinos!!

Prof. Oscar Vázquez Mena, PhD, Profesor asistente de ingeniería nano.

Los retos del mundo en el siglo XXI necesitan una nueva generación de científicos e ingenieros con una visión amplia y que refleje la diversidad del mundo. El mundo necesita la contribución de los latinos frente al cambio climático, la revolución en la computación, en las ciencias biomédicas y energías limpias entre otras.

Al mismo tiempo, el futuro de la comunidad latina en los Estados Unidos requiere de una presencia más importante en la industria tecnológica y en la comunidad científica. La comunidad latina no puede desaprovechar estar en California: el líder mundial en la industria tecnológica.

Presentador: UC San Diego Nanoengineering, Prof. Prof. Oscar Vázquez Mena (profesor de ingeniería nano)

Tu Puedes Asistir al Colegio: Información y Servicios para Estudiantes Indocumentados

Hay una variedad de programas y oportunidades disponibles para asegurar que la educación universitaria puede ser accesible a todos los estudiantes, independientemente del estatus migratorio. Aprende información sobre programas disponibles y descubre lo que algunas escuelas, incluyendo la Universidad de California San Diego, están haciendo para apoyar a nuestros estudiantes.

Presentador: UC San Diego, Undocumented Student Services, Daniel Arturo Alfaro Arellano, (centro de servicios para estudiantes indocumentados)

Mantener la capital cultural de los Estudiantes: Que recursos son disponibles para ayudar a su estudiante prosperar.

Este taller destacara el proceso de ajusté a la cultura académica, la vida universitaria y como tener acceso en una Universidad Principal. Se colocara un especial énfasis en los beneficios saludables de mantener ser Latin@, Chican@. El taller explorara identidades que se cruzan (i.e. escolar, activista, científico en el colegio, etc.). Este taller facilitara una conversación alrededor de la importancia de ser bicultural, explorando identidades que se cruzan en un ajuste Universitario, y prosperar en una Universidad R-1.

Presentador: UC San Diego Raza Resource Centro, Dr. Gerardo Arellano (centro de recursos)

Vivir en el plantel universitario

Este taller informará a familias sobre todos los servicios que el departamento hospitalario de vivienda comedores (Housing Dinning Hospitality) ofrece a todos sus estudiantes que empiezan en UCSD, al igual que se abrirá un espacio de diálogo sobre algunas preocupaciones de vivir en el plantel universitario. También la organización estudiantil de Raza en UCSD y su Comunidad sobre Viviendo y Aprendiendo en UCSD compartirá sus experiencias.

Presentador: UC San Diego Housing Dining Hospitality (departamento de vivienda comedores y hospitalidad de UC San Diego) El Camino hacia STEM

La sociedad de investigación pre-grado (SURO) es una organización del campus que se esfuerza a informar a prójimos pre-grados y estudiantes de preparatoria con baja representación sobre las oportunidades que se encuentran en el colegio e investigaciones para últimamente inspirar a estudiantes que siguán caminos en ciencia. SURO proporciona estudiantes de pregrado con varios seminarios profesionales; como talleres para escribir resúmenes profesionales y preparación para entrevistas de trabajo. SURO también proporciona a estudiantes de preparatoria con excursiones de los laboratorios de investigación para exponerlos al campus universitario y a la idea de ejercer una carrera en ciencia, tecnología, ingeniera, o matemáticas.

Presentadores: UC San Diego Society for Undergraduate Research and Outreach (SURO), Christina Dooka, Jessica Hughes, Ruby Parra, Reanna Liaw, Ana y Maria Rosales

Aprovechar al máximo su experiencia en la preparatoria

La preparatoria es difícil, maravillosa, asustadiza, agotadora. . . Pero sobre todo maravillosa. Hay organizaciones, deportes, bailes, amigos y amistades. Entrar a la prepa puede sentirse como entrar a otro mundo o en una zona diferente. En la preparatoria se crearán grandes recuerdos y se tomara un montón de fotos buenas; para algunas de las fotos que verás en el futuro y pensarás "¿Cómo es que mis padres me dejaron salir de la casa así?"

Pero, hablando seriamente; ¿Cómo se sobrevive la preparatoria? Aprenda cómo los consejeros, los asesores de ASB, los mentores, los maestros y el personal de apoyo pueden brindar el apoyo durante todo los años escolares.

Presentador: SDUSD, Martha Corrales

Después de una licenciatura

¿Cómo se puede prepararse durante el 1er, 2do, 3er, y 4to año de la licenciatura para luego solicitar a un programa de posgrado? Descubran como y lo que una escuela de posgrado es y los diferentes títulos que se ofrecen, además averigüen sobre algunas cosas que deberían de considerar cuando estén investigando escuelas de posgrado.

Presentador: UC San Diego TRiO Outreach Programs, Jorge Hernandez (programa de alcance)

Padre a Padre

Es natural que los padres cariñosos se preocupen cuando sus estudiantes se preparan a salir a la Universidad, especialmente sus hijas. Únase a nosotros para una sesión que ofrece a unas madres que hablaran sobre sus experiencias, primero como estudiantes universitarias de primera generación, y luego, ahora que son madres de adolescentes.

Presentadores: Aurora Clark, Yasmin Bozin Grupo de alumnos de pregrado de UC San Diego.

Presentación acerca de empoderar a los jóvenes y como desenvolverse en la universidad.

Presentadores: UC San Diego Cross Cultural Center Undergraduate Students (estudiantes de pregrado del centro cultural)

Special Thank You to our Collaborators

UC San Diego Early Academic Outreach Program (EAOP)

UC San Diego TRIO Outreach Programs

UC San Diego Office of the Chancellor

**UCSD Center for Research on Educational Equity
Assessment and Teaching Excellence (CREATE)**

UC San Diego Vice Chancellor of Student Affairs

UC San Diego Office of the Vice Chancellor for Equity, Diversity, and Inclusion

UC San Diego Career Service Center

UC San Diego Housing, Dining, & Hospitality

UC San Diego Undergraduate Admissions Office

UC San Diego Financial Aid Office

UC San Diego RAZA Resource Centro

Academic Connections at UC San Diego

Lemon Grove School District

Sweetwater UHSD

Teaching & Learning Commons at UC San Diego

Study Smart Tutors

Vista USD

San Diego USD

Imperial Valley College

Imperial County Office of Education

Grossmont Union HSD

San Diego County Office of Migrant Education

Radio Latina

Honda Dealers of San Diego

Rubio's Fresh Mexican Grill

San Diego County Office of Education



UC San Diego
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Admissions

University of California, San Diego
Career Services Center



SAN DIEGO COUNTY
OFFICE OF EDUCATION

Lemon Grove
School District



Grossmont Union
High School District



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